



Volume 1 / Issue 8
Winter/Spring 2023

SPAM CONFERENCE

March 17 & 18

Friday and Saturday

Forester Community Center

404 S 1st Avenue

Rock Rapids, IA 51246

PLAN TO ATTEND!

Roger and Staff

SPAM 2023 CONFERENCE

Once again we are fast approaching Natures Best Free **SPAM** Conference. We have some very interesting speakers again this year. Frequencies have become such part of our everyday life, for Soil health, Plant health, Animal health, and Man health. Fertilizer and fungicide costs continue rise and frequencies can help cut, or eliminate, the need for those products. And this will continue to get better year after year with use of frequency. I cannot stress enough how much you should be here and hear these dynamic speakers. Bring your neighbors and friends. This conference is very time consuming and expensive to put on, and we are doing this for your benefit. We want people to come and get this information, and we want to be able to keep doing this! Please make plans to attend this coming March 17 and 18 at the Forester Center in Rock Rapids. You will be shocked at some of the information that you will gain from this conference. If you have not been to a SPAM conference, or if it has been sometime since you attended SPAM, plan now to attend this important conference! Roger

SALES STAFF

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SPRING INTO ACTION ON THE FARM

The beginning of springtime is the perfect time to conduct a thorough inspection of your operation—outbuildings, livestock housing, machinery—and ensure everything is in good condition and ready for another strenuous season of use. If major repairs are required for your equipment, you'll likely want to contact an expert quickly as

later in the springtime tends to be a busy time for agricultural mechanics.

Early spring, before calving and lambing season, is also a good time to clean out any livestock shelters, have livestock examined by a veterinarian, and see that each animal's inoculations are up-to-date.

You'll also want to consider testing the pH and nutrient levels of your soil before you begin planting to measure your fields' fertility—plus, healthy soil yields healthy plants, so this step is especially important. According to the Ohio State University Extension Service, a basic soil test measures phosphorus, potassium, calcium, magnesium, pH, cation exchange capacity, lime requirement index, and base saturation. The results of your tests may impact what you choose to plant and the seeds you'll need to order, so taking care of this on the early side is best.



Furthermore, do your best to get most of your pressing administrative tasks such as taxes, file your invoices, and renegotiate contract terms with suppliers done now as chances are you won't have much (if any) time to devote to this vitally important part of your business once busy springtime season gets into full swing. From Ag America Lending Resources

NATURES BEST 2023 SPAM CONFERENCE

Our 2023 Annual SPAM Conference will be held at the Forester Building, 404 S 1st Ave in Rock Rapids, Iowa on March 17 and 18. Yes, it is Friday and Saturday this year. Speakers will include Will Winter, Randy Stratton, Dr. Richard Orlee, Mike Eardman, Verlyn Sneller, Lyndsey Hemish, Doug Baade and Roger TeSlaa. and Hotels in the area are Four Seasons in Rock Rapids, 712-472-2565. Hotels in Rock Valley, IA are Grand Stay Hotel, 712-476-9200, and Heartland Hotel, 712-476-9388. Bed and Breakfast in Larchwood is the Bradley Inn, 1450 Holder St, 605-393-5610, where all donations go the Game Plan 4 Hope. Grand Falls Casino in Larchwood 1415 Grand Falls Blvd, 712-777-7777. Please email Virginia (vburkard@alliancecom.net) or call (712-363-3392) to reserve your seat! No charge to attend the conference, but there will be a meal charge. The Forester Building is a beautiful setting with ample room for those to attend.

Rural Stray Voltage, EMF, 5G, Solar and Wind Farms- What to know. Part Two- What You Can Do To Be Safe by Will Winter, DVM

In Part One of this story (Acres Magazine, the May 2022 issue) I had mentioned a brilliant book called "The Invisible Rainbow", by Arthur Firstenberg (see the AcresUSA bookstore). I bring it up again because it's important to realize that the current wave of radiation exposure we are facing is not the first time that man-made electrical currents have affected our health and well-being. With each new evolution, be it military bases with the first electrical service, radar, radio, TV and now microwave transmission and satellites, there have been some widespread health issues that this book documents to be precisely correlated. This includes the Spanish Flu of 1918 itself which appeared first near military bases as they became electrified and installed radar bases. We now wonder how much of the pandemic we are experiencing is related to the ongoing release of 5G as well as so much other cell phone-related infrastructure. People, crops, wildlife and livestock that are being exposed to ever-increasing levels of glyphosate and pesticides and that are also being dosed with high levels of man-made radiation could be made sick by this toxic brew. One thing that we do know is that none of these technologies have been proven to be safe. We also know that pollution effects are cumulative. What if these pandemic plagues were due to a toxic combination of increasingly new pollution factors instead of being infectious?

WHAT IS EMF?

EMF is the term we apply to electro-magnetic-frequencies that are non-native, chaotic energy. It is also referred to as Electrosmog. It now covers nearly 90% of the world. Researchers have shown that any form of EMF causes stress to the cell-membranes of all plants, suppressing their growth and disease-resistance. It increases the level of free radicals and oxidative stress enzymes leading to more disease and stunting. We have just learned that all plants communicate with each other using their own natural electromagnetic energy (called biophotons) but, sadly, these connections become incoherent when exposed to the much more powerful artificial EMF. This is also true for soil microbes as well as pollinator insects and birds. The chlorophyll in all plants is responsible for taking CO₂, water and sunlight and turning it into sugar makes everything in agriculture and nature possible. Modern day EMF which has expanded over 70-fold just in the last 20 years has been shown to decrease chlorophyll activity by 30% or more, so one can only imagine what this does to bushel yield and animal gains for meat, milk and eggs. The government has tried to regulate expansion and intensity of the man-made waves but without much success. There are now over 5,000 active satellites spinning overhead in low Earth orbit, as well as many stationary satellites, all of which beam TV, radio and cell phone signals to earth 24 hours a day! Over 50% of them are communication devices. The FCC has already authorized Elon Musk (and others) to launch another 40,000 proposed satellites. Can you imagine what that could mean?

IS THERE ANY GOOD NEWS? (YES!)

I could go on and on with the bad news but, really, it's pretty clear that the smart thinking would be to start protecting ourselves and our farms and ranches. We know that the problem is not only not going to go away any time soon, it's only going to get worse. If you can see a cell phone tower or high-voltage transmission line from your home or farm, you are definitely getting zapped. Your crops are suffering as are the bees and other pollinators, the water is being destructured and unbalanced, and there will be negative effects upon your trees, soil microbes, soil mineral balance and the birds and other wildlife.

There is actually a small industry consisting of individuals, scientists and companies that are working to develop the means to protect ourselves. Devices are being manufactured and sold with the promise of either neutralization or harmonizing of the radiation. Note too, that it would be dangerous perhaps even illegal to block or reflect these energies back to the source. One of the most prominent researchers at work in these concepts is Dan Stachofsky, of GeoField Systems who works out of his laboratory in Spokane, WA. He predicts that within two years just about every farmer and rancher will become aware of this situation and will be working to protect their home and land. More about GeoField Systems in a bit.

STEP 1) START BY LOWERING YOUR EXPOSURE

There are two main ways to get out from under the cloud of electrosmog. The first step is to do everything possible to reduce your exposure and lower any sources that are being generated on-site. This might require some testing to find out if there are any dangerous sources either on the farm or home, or nearby. To do so, one can hire professionals that measure radiation of all forms. Or one can do what I did which is to acquire a few professional instruments for detection. I have three meters, one measures electricity and magnetic waves coming from outlets, fixtures, fuse boxes, and wiring. Another larger device will measure waves from a distance, like for the transformer on the pole, any satellite dish, or other large farm equipment. Lastly, I have a hand-held device that is specific for the radio frequencies (RF). All three can be acquired for \$1000-5000. We have been surprised to find out where we are getting radiation.

At home and at work, we now avoid anything wireless if possible, this is especially true of bluetooth devices. I have replaced my bluetooth computer mouse, keyboard and track pad with wired units. We put our routers and modems on timers shutting them off from 11 pm until 6 am. We keep everything but a battery-operated alarm clock out of the bedroom, certainly no electric blankets or space heaters, and we are considering getting bedding that blocks radiation. One can even buy RF shielding paint now! But, by far, the absolute worst source is the ubiquitous cell phone! Never put a phone up to your ear, and keep it far from your body. Radiation drops exponentially with distance so use the remote speaker. I have purchased shielding cases from Defender Shield that blocks radiation and the phone can be used with the flap over the front (still don't put it up to your head). Flip phones are less dangerous than the big ones but are still dangerous, as are cordless phones. Remember when surgeons reported that women were getting seriously increased levels of breast cancer after carrying their flip phones in their bra? Try to go back to wired land line phones if possible. I have a lead-lined bag (called a Faraday cage) that my phone can live in when not needed.

Dan Stachofsky has tested over thirty small devices that are supposed to protect the phone user, such as the holographic dots but he says that the problem is that the thin film just doesn't hold a charge very long, in other words, they quit working. He even tested some with a geiger counter and found a couple that were actually radioactive!

Needless to say, one can begin by throwing the microwave oven in the trash where it belongs! If you have smart meters that read your water, electricity and gas lines consider buying lead shields over the part of the device that faces the living quarters. You may remember this but in 2009 all TV signals were converted from analog signals to digital. Back then we either had to get a new TV set or buy a converter box that sits atop the TV. This improved reception and picture quality but drastically increased the intensity of the EMF signals from the TV stations. There were even a few devices that helped remove some of the chaos and harmfulness from analog transmission but after 2009 they became relatively worthless once the signals were upgraded.

STEP 2) MITIGATE, HARMONIZE, RESTRUCTURE, AND DEFEND

Next, there are now devices that will mitigate, that is harmonize or neutralize any and all radiation coming at you, either from your own devices or from towers, satellites or power lines. After listening to lectures by Dan Stachofsky, I purchased a metal pendant that I wear around my neck. The purpose is to create a safe zone around the body. Fortunately, I'm not as sensitive as some people but yet I can feel it working. I noticed it the most when I took it off temporarily as I demonstrated it to others. This one inch square of stainless steel can be worn when bathing, swimming or sleeping and has no down side. One of the main effects I noticed was much more sound sleep at night and less brain fog.

The GeoField system website that Dan created does it's best to explain how the technology works and how it was created but there are certain parts of the process that are not immediately clear, at least to me. The technology was invented in New Zealand and has been in the process of being perfected over the past 35-40 years by scientists and farmers there. Early on, they experimented by creating devices made from crystals or even slabs of granite but found that metal, especially high-grade steel holds the charge much longer, practically forever. Using a technique called plasmonics, the surface of the metal is altered in a way that when biophotons hit the plate, they bounce back in an altered form that then works on the radiation. The units are not cheap but, considering what one gets, I decided that I couldn't afford to not be protected. My neck pendant was \$200, the large home unit around \$7K and the full farm or ranch Ag Conditioners top out around \$18K. As I explain later, this is a device that also, you might say, pays for itself, and does so rather quickly in most cases.

OK, SO HOW CAN THEY PROVE IT WORKS?

So, right off the bat, one must ask that since there's nothing visible, how does one know whether or not it is working? The answer is two-fold, one can easily measure results via increases in one's vital energy, health and disease resistance. There will also be noticeably measurable gains in bushels/acre or tons of forage/acre, average daily weight gains for animals (and less disease), milk going into the bulk tank or egg production. But, some find that these measurements in gains are "not enough" for proof, so Dan takes it further. In the laboratory, they are able to measure the ratio of positive to negative ions around the unit, which is called ionic balance. In general, everything works better when there are adequate negative ions and things work worse when there is an excess of positive ions. Large machines also make more positive ions, as does man-made radiation so we want to achieve the true balance found in nature. Certain natural phenomena such as lightning and even water falls also generate more of the feel-good negative ions. (ever notice how good the air feels around a natural waterfall or after a storm? Or, conversely how bad you feel hanging out at a commercial laundry for a while) Additionally, when it comes to proving that the devices are working, it's even possible to accurately measure the quantity and quality of the biophotons that are being created or reflected from all living beings be they human, animal or plant.

The Geo-Field units are somewhat unique in that they are powered exclusively by biophoton light units. They require no batteries or electrical connection, which is also one less source of electrosmog. It also means that they can be easily utilized by farms or homestead operations that have no electrical power whatsoever. There are no moving parts, therefore nothing to wear out. I purchased a smaller unit for our home, yard and garden and it merely sits on a wooden tower in our dining room. It is a 7" square of metal that is five layers thick. Each layer increases the intensity of the biophotons giving it thousands of times more power than my neck pendant. Our unit protects 3.5

acres. The larger farm and ranch units are typically 16" x 16" in size and also have 5 full layers. These are called Ag Conditioners and will protect many thousands of acres.

WHAT ARE THE MAIN BENEFITS THAT USERS SEE?

- 1) Higher crop yields, but in quantity and number of cuttings/harvests/season
- 2) Increased sap flow within the plants
- 3) Improved disease, pest and drought tolerance
- 4) Healthier livestock
- 5) Increased Dairy production
- 6) Increased daily weight gain and shorter finishing times
- 7) Direct increases in Brix of all plants
- 8) Improved absorption of minerals from the soil and from forages
- 9) Better hydration and utilization of water, helps in drought
- 10) Approximately 30% better performance from the chlorophyll of plants

These results are not theoretical. They are being observed by livestock producers, such as by clipping 5-6 months off of finishing time in grassfed beef cattle, less mastitis in the dairy, up to a gallon of extra milk/cow/day, and an increased percentage of eggs/produced per day. Crop farmers are seeing an average of a 25% increase in bushels per acre of corn or beans, berry producers are getting a second harvest later in the season and hay fields are getting an extra cutting every summer. So in other words, working with mitigating this toxic pollution is not an experiment that you would be trying, that experiment is already being done across the country. The only question that remains is how long farmers or even city people for that matter, will wait to get protection. To take all the risk out of the decision, GeoField stands behind their products 100% and will give each and every purchaser a money-back guarantee if they are not seeing the results outlined above. I don't think it gets any better than that. We have seen beef, dairy and crop producers actually pay for their unit in as little as three months.

WILL WINTER is a retired veterinarian, a holistic herd health consultant and livestock nutritionist who hangs his hat in Minnesota. He is also a traveling lecturer and teacher focusing on sustainable livestock production and traditional nutrition. He provides consultations, workshops, lectures and access to natural livestock supplies to farmers and ranchers.

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**TEST PLOT 2022 RESULTS – MILLER M05-75 VARIETY WAS PLANTED.
ALL DATA WAS COLLECTED FROM 6 ROWS, 190 FEET LONG**

Applications	Moisture	Test Weight	Percent Above Average
101 Cal 8 oz with Frequencies	16.30	57.80	104.06
101 Cal 12 oz with Frequencies	15.70	58.90	none
101 Cal 16 oz with Frequencies	16.60	59.00	125.83
101 Cal 24 oz with Frequencies	15.70	57.00	none
NB Cal 8 oz Band	16.30	57.00	165.30
NB Cal 16 Band	16.10	57.80	125.95
Control	15.60	58.50	48.55
Seed Treat In Furrow	13.80	59.40	121.10
Seed Treat In Furrow Energized	15.00	60.00	110.20
Seed Treat with NB Cal 24 oz	14.80	60.00	126.80
Seed Treat with Nbistro plus NB Cal 24 oz	14.50	58.00	113.10
Seed Treat with NBistro	15.50	59.00	94.60
Control	14.40	58.00	78.40
NB Starter with Frequencies	15.00	56.50	114.86
NB 6-24-6 Kluger	15.70	58.00	111.88
NB Starter with Frequencies with Molasses	14.60	59.00	107.92
NB Starter with Frequencies with Sugar	14.60	56.50	84.04
NB Starter with Frequencies with Humates	14.60	57.00	103.88
Control	16.70	57.70	28.09

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LASSAHOL INCREASES MEAT QUALITY

20 head of comparable starting weight and breed of cattle were in this trial. 2 Groups of cattle with 20 head were compared, the following numbers are the average results. Lassahol was added to ration at 1 ounce per head per day for 60 days, then 1 ounce per 1200 pounds of body weight per head per day for an additional 60 days. Meat tenderness was tested using the shear method, the lower the number, the more tender the cut. Standard deviation was also lower on lassahol study with 1.6 opposed to 3.6 on the control group.

Shear Force** Carcus Weight Dollars per head

Control 14.78 693 \$833.24

Lassahol 13.84 712 \$881.00

**Study completed by Carol Lorenzen (Assistant Professor of Food Science and Engineering Unit)

**University of Missouri June 5, 2000

HEMP GRAIN AND FIBER -RANDY STRATTON

Hemp grain and fiber markets continue to see more interests as new processing capacity for hemp fiber is continuing in the Midwest. The hemp grain market is growing as well since many food and ingredient companies see the nutrient value of hemp flour and oil for various food products including: bread, muffins, snack bars, desserts, ice cream, protein drinks and more. As farmers look at options to build soil health and get add a great rotational crop, consider hemp grain. There are seed varieties that can provide both grain and fiber (bales) income.

FAVA BEANS- RANDY STRATTON

Fava beans have been around for millennia but just not in the Midwest region. The market for fava beans (aka faba) are finding more interest as food and ingredient companies see the value in this nutrient-packed dynamo. The fava bean is becoming more in demand as the legume does not carry the same bitter flavors of other legumes but is just as good in the protein profile and amino acids. Fava is also a great rotation crop as it fixes nitrogen better than most all other crops. Add this crop to your rotation if you want to build nitrogen and realize a good margin or plow in under for excellent green manure.

SPRING PLANTING – MIKE TERPSTRA

Even with all the snow on the ground, planting is right around the corner. Just a friendly reminder to make sure you have inputs bought for each acre, equipment in good working order, and set right. With this years higher than average input cost and increased value grain it is even more important to be on the spot getting your crop in the ground. Also, as always, be as safe as possible because all it takes is one rushed move for this to be your last planting season.

CORNED BEEF AND CABBAGE – ST. PADDY'S DAY MEAL!!!

1 3 pound corned beef brisket, trimmed
1 small onion quartered
2 tablespoons whole mixed pickling spices
1 teaspoon minced garlic
8 small red potatoes
2 cups carrots cut into one and one half inch pieces
1 small head of cabbage, quartered

Place brisket in Dutch oven and cover with 2 quarts of water. Add onion, pickling spice, and garlic. Cover. Bring to just a boil, and reduce heat and let simmer 2 hours. Do not boil. Add potatoes, and carrots, and simmer another 30 minutes. Add cabbage and simmer 15 minutes. Remove brisket and vegetables from pan. Slice brisket across the grain. ENJOY!

